



Capacity Building Seminar on Peer Support and Open Discussion Forum on Priorities for Action

11th + 12th December 2017

Location: Norton Park Conference Centre,
57 Albion Road,

Edinburgh, EH7 5QY, Scotland, United Kingdom.

Monday 11th

9.30 Coffee and registration

10.00 Introduction and welcome

10.10-10.40 Speaker – Heidi Tweedie, Moray Wellbeing Hub

www.moraywellbeinghub.org.uk is a peer led initiative that aims to create new community and virtual spaces that welcome everyone to live more mentally healthy lives. To do this we work to empower individuals to use their life experiences to better understand and self-manage their wellbeing but also provide support for others.

10.40-11.10 Speakers from Enik Recovery College (Utrecht, Netherlands)

www.lister.nl/herstellen/enik-recovery-college/

11.10-11.30 Coffee/refreshments

11.30-12.30 Workshops: Presenters Guadalupe Morales and Mar Guerrero (Fundacion Mundo Bipolar, Spain) and Louise Christie (Scottish Recovery Network) (a further workshop will be added).

12.30-1.30 Lunch

1.30-2.00 Dr Liam MacGabhann and Martha Griffin, Dublin City University.

Co-producing peer support and nursing education.

2.00-2.45 Table top discussions

2.45- 3.10 Coffee

3.10- 3.40 Table top discussions (continued)

3.40- 4.00 Summing up.

Tuesday 12th December

ENUSP - European Network of (ex)users and survivors of psychiatry will host this morning.

9.30- 12.45 Open Discussion Forum: This will include short presentations and discussions on the following themes

- Priorities for advocacy: What needs to be achieved/changed. Possible means of achievement (collaborative efforts, campaigns, submissions).
- Best practices: overview, ways of supporting/spreading them.
- Involuntary treatment and hospitalisation: how they can be abolished?
- Stigma and discrimination in mental health. How to end this?
- User research and user led training programmes: successes and barriers.

12.45 Lunch and networking

1.30 Event closes



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